



Syringe Service Program (SSP) Evaluation Plan

for Maine's Department of Health and Human Services,
Office of Behavioral Health,
Data and Evaluation

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Executive Summary

Syringe Service Programs are community-based prevention and harm reduction programs that provide a range of services for people who use drugs including syringe exchange.

Clients, often people who use drugs (PWUD), enroll at the SSP and are able to discard syringes and receive sterile syringes and other safer-use drug aparati. In addition to these exchanges, SSP staff refer and connect clients to a host of services, including: naloxone distribution and education, peer support, substance use treatment, hepatitis C testing, wound care, primary care, drug testing kits and education, HIV testing, food assistance, and basic needs (clothes, hygiene, etc.).

This evaluation has been designed to determine the effectiveness of SSPs in reducing instances of HIV infection in PWUD in Maine, tracking trends in infection rates pre and post-implementation of SSPs, and examining whether PWUD participating in syringe distribution services at SSPs seek additional services, like peer services, at a higher rate than those that do not utilize SSPs.

At the time of submission of this Evaluation Plan, there are 15 Syringe Service Programs in Maine, and each will be evaluated. See Appendix A.3 for the list of SSPs involved in this evaluation.

By integrating implementation and outcome evaluations, this comprehensive assessment provides insights into SSP effectiveness and guides future program enhancements. Addressing evolving challenges, such as the opioid crisis, underscores the ongoing importance of SSPs in safeguarding public health and promoting harm reduction among vulnerable populations.

Program Description

Syringe Service Program Introduction

A Syringe Service Program (SSP) is a community-based prevention and harm reduction program that provides a range of services for people who use drugs including syringe exchange. These programs address the risk of disease spread associated with sharing contaminated needles and other drug injection equipment, particularly HIV, which poses a serious threat to public health (Centers for Disease Control and Prevention [CDC], 2019). HIV or human immunodeficiency virus, is an infection that attacks the body's immune system. Acquired immunodeficiency syndrome (AIDS) is the most advanced stage of this disease. HIV, viral hepatitis, and other blood-borne pathogens can spread through injection drug use if people use needles, syringes, or other injection materials that were previously used by someone who had one of these infections (CDC, 2020).

For people who use drugs (PWUD), preventing disease transmission involves complex challenges such as stopping drug injection, using sterile syringes, and refraining from sharing needles (CDC, 2020). However, these steps are often difficult for individuals struggling with addiction to achieve independently.

SSPs play a crucial role in addressing this challenge by taking a community public health approach. They provide sterile needles and offer support services to PWUD, recognizing the need for comprehensive harm reduction strategies.

Historical Context

SSPs were first established in the United States in the early 1990's by people affected by drug use and drug users themselves who wanted to safeguard friends and loved ones from the risks of HIV infection. Groups like AIDS Coalition to Unleash Power (ACT UP) and the Association for Drug Abuse Prevention and Treatment (ADAPT) led the advocacy for syringe exchange, facing opposition from public officials and community leaders (McLean, 2013).

Because of the bravery of these grassroots efforts, and the evaluations that ensued (McLean, 2013), SSPs evolved into recognized evidence-based public health interventions. Their inception during the AIDS crisis underscores the courage and love that

drove individuals to take action in the face of tragedy, offering a lifeline to vulnerable communities during times of crisis.

SSPs in Maine

In 1997, Maine enacted legislation authorizing the Maine Center for Disease Control and Prevention (Maine CDC), a division of the Department of Health and Human Services (DHHS), to certify Syringe Service Programs (Title 22, §1341: Hypodermic Apparatus Exchange Programs, 1997). The following year, in 1998, Portland became the site of Maine's inaugural SSP.

Over a decade later, Maine expanded its legislative support for SSPs, allowing the Maine CDC to allocate state funds to these programs. Subsequently, in 2017, legislation mandated that the Maine CDC not only could but must allocate state funds to SSPs. Since 2018, an additional 13 SSPs have been established in Maine ([Gauthier, L. 2023](#)).

Maine's laws have adapted to address the needs of SSPs and their constituents. In 2021, an amendment decriminalized the possession of syringes with residual amounts of scheduled drugs, marking a significant development for SSPs and their stakeholders ([Gauthier, L. 2023](#)).

In 2023, there were 15 SSP sites operating across Maine, overseen by eight different agencies ([Gauthier, L. 2023](#)). There are currently 500 SSPs in operation nationwide (SOURCE).

The Current Opioid Crisis

Maine has seen a dramatic increase in infectious diseases associated with injection drug use in recent years due to the ongoing opioid crisis (CDC, 2023). In 2020, Maine reported on significant trends: it recorded the highest rate of acute hepatitis C in the United States, the second highest rate of acute hepatitis B, the 7th highest rate of hepatitis A, and the 7th highest rate of opioid overdose deaths (CDC, 2023).

Program Stakeholders & Culturally Responsive and Equitable Evaluation

Maine SSPs involve a variety of stakeholders from the state level organizations passing statute and amending laws, to the community members advocating for SSPs, to the participants who utilize services. Each stakeholder plays an integral role in SSPs and shape and enhance their ability to function.

The following is a detailed list of Maine's SSP Stakeholders:

- ❖ Maine DHHS, Office of Behavioral Health
- ❖ Maine Unified Data (MUD) Warehouse
- ❖ Maine Center for Disease Control (CDC)
- ❖ Public Health Officials
- ❖ Healthcare Providers
- ❖ Community Organizations and Advocacy Groups
- ❖ Research and Evaluation Team
- ❖ Funders and Donors
- ❖ Law Enforcement Agencies
- ❖ Academic Institutions
- ❖ 15 State-certified SSPs operated by 8 organizations
- ❖ SSP Administrators and Staff
- ❖ PWUD (People Who Use Drugs)

This evaluation will focus on the 15 SSP sites in Maine that are hosted by 8 different organizations. These 15 sites while delivering the same program may have to utilize different strategies to meet their goals due to the landscape of their specific communities. Program administrators that arrange the business and inventory side of SSP operations, as well as program staff administering the program to participants will be asked to participate in interviews and surveys. One key feature of an SSP is to train client facing staff so that they can best serve the program participants. SSPs often also recruit staff that have lived experience with drug use and will know more intimately how to work with and support PWUD. Staff training includes confidentiality protocols, blood borne pathogen infection control including detailed post-exposure protocols, HIV and hepatitis B & C prevention, substance use disorder treatment, referral processes and any and all additional training necessary for the safe and lawful operation of the program.

Data collection is a critical component of the evaluation. Fortunately, the Maine SSPs collect data routinely and this data is made accessible for this evaluation through the Maine Unified Data (MUD) Warehouse. Utilizing MUD ensures that no personally identifiable data is available for use by evaluators thereby reducing the risk of exposing

any identifiable information throughout the evaluation process, which is critical for retaining safety and integrity of SSP participation. While participant voice is vital to creating a narrative understanding of the SSP, the data collection process for this evaluation should neither act as a barrier to PWUD participation nor should distract from the primary mission of syringe distribution. Surveys and interviews with SSP participants will be limited, in order to preserve the low-threshold, low-barrier program allocation for PWUD.

Evaluation team members will need to be responsive to their own biases when working with SSP staff and participants. Each evaluation team member will go through a cultural sensitivity training as well as undergo a weekly reflective process to be mindful of the biases that may appear in this work. Respect and comfort will be prioritized in the development of a process for and the conducting of interviews to mitigate any interference between a staff member or participant and the SSP. Survey and interview data collection should never become a barrier to participation in the program (Bluthenthal R, Clear A, Des Jarlais D, et al., 2009).

Evaluation of Program Implementation Objectives

Implementation Objectives

1. Deliver harm reduction counseling to all new SSP enrollees.
2. Provide sterile syringes and collect used or unwanted syringes for disposal.
3. Referrals to primary care, housing, food assistance, mental health services, substance use treatment centers, and other social supports.

The program is primarily implemented by agency staff working within the SSPs. These staff members are trained and qualified in harm reduction practices, substance use disorder treatment, and social service provision. They may include counselors, outreach workers, nurses, and program coordinators and often possess a combination of education, experience, and skills relevant to working with individuals who use drugs. SSP staff are trained to provide nonjudgmental support, maintain participant confidentiality, and effectively engage with diverse populations.

The target population for the program includes people who use drugs (PWUD), particularly those who inject drugs, and are at risk of experiencing harm associated with drug use. This population includes people of various ages, genders, races, and socioeconomic backgrounds.

Implementation Evaluation Questions

1. How successful was the SSP program in implementing harm reduction counseling for PWUD that were new enrollees at the SSP?
2. How successful was the SSP program in implementing syringe distribution and collection services for community members?
3. How successful was the SSP in obtaining their objective of referring PWUD to other services and opportunities to improve health outcomes?

By creating implementation questions that focus on the main pillars of SSPS - harm reduction counseling, syringe distribution and collection, and referrals - this evaluation will gather data on whether or not the program has been successful in implementing their main program activities.

Evaluation Design

| Implementation Evaluation Design | | | | |
|----------------------------------|--------------------|--|--|---|
| | Evaluation Design | Outcome Variable | Analysis Approach | Data Sources |
| Question 1 | Quasi-experimental | Implementation of harm reduction counseling for new SSP enrollees | Comparative analysis of harm reduction counseling administration for first-time SSP enrollees | MUD Warehouse (de-identified patient-level data), SSP administrative records, Interview data |
| Question 2 | Quasi-experimental | Implementation of syringe distribution and collection services, Participants' perceptions of SSP staff, Availability of supplies at SSPs | Analysis of enrollment and utilization patterns, Analysis of survey responses, Analysis of procurement and inventory records | MUD Warehouse (de-identified patient-level data), SSP administrative records, Survey data, SSP site-specific procurement/ inventory records |
| Question 3 | Quasi-experimental | Referral of PWUD to other services, Utilization of additional services at SSPs | Comparative analysis of referrals and utilization of additional services for SSP enrollees | MUD Warehouse (de-identified patient-level data), SSP administrative records, Interview data |

Data Collection Plan

Overall Data Collection

There are two main data collection approaches for this evaluation process: data requested from Maine's Unified Data Warehouse (MUD), and data collected by the evaluation team.

The MUD is an integrated health data warehouse that contains records of patients in the Maine healthcare system that utilize various health services, including SSP programming, peer services, and other substance use disorder (SUD) treatments, birth and death records, emergency services and hospital visit data.

Due to the highly sensitive nature of this data request, data will be de-identified through use of unique person identifiers. In order to receive the reports that the evaluation team wants, a specific set of data criteria are submitted to an MUD technician. The records are then delivered to the evaluation team for analysis within a secure database for auditing purposes. This data cannot be combined with survey and interview data due to de-identification of participants and ethical analysis restrictions.

The data collected by the evaluation team will consist of surveys and interviews of Syringe Service Program (SSP) program administrators, direct service workers, and SSP participants. Both staff and participant data will include some demographic and identifiable data. Findings will be reported through aggregate level data with only sparse de-identified quotes or cases presented in the reports.

Data Requested from Maine's Unified Data Warehouse (MUD):

- SSP Administrative Records - client level enrollment details, program activity utilization, referrals, dates
- Substance Use Disorder (SUD) Data Records - a flag in the system if a patient's clinical records show "drug abuse", "drug use", "drug utilization", "drug overdose", or "patient referred to SUD treatment"
- HIV Clinic Records - client level results (positive or negative), date
- Peer Services Data - client level enrollment details, program activity utilization, dates

Data Collected by Evaluation Team:

- Surveys of Participants
- Surveys of Staff
- Interviews of Staff
- SSP site specific syringe procurement/inventory records

Implementation Data Collection Plan

The implementation questions focus on how the program was delivered. Program staff as well as program participants will be surveyed to gather a narrative experience. To aid in understanding specific elements of implementation, site specific inventory records will be assessed as well as site specific administrative records.

| | |
|----------------------|--|
| Imp. RQ1 | How successful was the SSP program in implementing harm reduction counseling for PWUD that were new enrollees at the SSP? |
| Data | De-identified patient data including enrollment date, demographics, and harm reduction counseling by SSP. Interviews with program staff to assess implementation barriers and facilitators. |
| Sample | Census of all SSP participants. Purposeful sampling of 3-5 staff members per SSP |
| Data Analysis | Comparison of harm reduction counseling completion rates among enrollees. Inductive qualitative analysis of interview data for emergent themes. A table will represent findings of SSPs both on an aggregate level and also across all 15 SSP locations. |
| Limitations | Potential missing demographic data. Resource intensive interview process. Limited participant input due to program structure. |

| | |
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| Imp. RQ2 | How successful was the SSP program in implementing syringe distribution and collection services for community members? |
| Data | De-identified patient data including SSP data and demographics from MUD. Survey data on participant perceptions of program implementation and accessibility. SSP procurement and inventory records. |
| Sample | Census of all SSP participants in MUD data. Convenience sampling for surveys. |
| Data Analysis | Assessment of enrollment and utilization patterns. Analysis of survey data for participant perceptions. Comparison of procurement data with participant activity. |
| Limitations | Site specific operations and sentiment data should have high internal validity. Some recency bias in survey responses to be expected. External validity may be limited by the representativeness of the sample and generalizability of findings to other settings. The policies, opioid rates, and HIV rates of other states may be incompatible with Maine's population. |

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| Imp. RQ3 | How successful was the SSP in obtaining their objective of referring PWUD to other services and opportunities to improve health outcomes? |
| Data | De-identified patient data including referrals and demographics from MUD. Interviews with program staff, identified on program level, will focus on referral policies, practices, and procedures for additional services along with barriers and facilitators to administering harm reduction counseling. |
| Sample | Census of all SSP participants. Purposeful sampling of 3-5 staff members per SSP. |

| | |
|----------------------|--|
| Data Analysis | Comparative analysis of referral rates among SSP enrollees. Inductive qualitative analysis of interview data for emergent themes. A table will represent findings of SSPs both on an aggregate level and also across all 15 SSP locations. |
| Limitations | Missing demographic data, specifically in regards to clients who decline to give full name. Resource-intensive interview process. Limited participant input due to program structure. |

Evaluation of Participant Outcome Objectives

Outcome Objectives

1. Reduce HIV infection rates among PWUD in Maine
2. Reduce HIV infection rates among PWUD that utilize SSP
3. Increase referrals to health services to PWUD
4. Reduce number of discarded/abandoned syringes in

Outcome Evaluation Questions

1. How effective was the project in attaining its expected outcome of decreasing HIV infection in Maine?
2. Are the PWUD enrolled at SSPs demonstrating a lower rate of HIV infections than PWUD that are not enrolled and do not utilize SSP services?
3. Do PWUD enrolled at the SSP seek peer services at a higher rate than PWUD that have never enrolled at the SSP?
4. Were SSPs successful in reducing the number of discarded and abandoned syringes in the towns that host SSPs after implementation?

Evaluation Design

The outcome questions will be approached with quasi-experimental designs. This design approach is best suited for the availability of data, including the MUD Warehouse data. With the MUD Warehouse, comparison groups can be created retroactively to the PWUD and utilize SSP services. Experimentation would not be appropriate, as the SSP program has been in place in Maine for over 25 years.

| Outcome Evaluation Design | | | | |
|---------------------------|--------------------|---------------------------|---|---|
| | Evaluation Design | Outcome Variable | Analysis Approach | Data Sources |
| Question 1 | Quasi-experimental | HIV infection rates | Comparative analysis of HIV infection rates before and after SSP implementation | MUD Warehouse (aggregate, county-level data on HIV infections) |
| Question 2 | Quasi-experimental | HIV infection rates | Comparative analysis of HIV infection rates between PWUD enrolled at SSPs and those not enrolled | MUD Warehouse (de-identified patient-level data) |
| Question 3 | Quasi-experimental | Peer services utilization | Comparative analysis of peer service utilization rates between PWUD enrolled at SSPs and those not enrolled | MUD Warehouse (de-identified patient-level data) |
| Question 4 | Quasi-experimental | Syringe-related events | Comparative analysis of syringe-related incidents before and after SSP implementation in towns hosting SSPs | Maine 211 service (aggregate data on syringe-related incidents), SSP site-specific data |

Data Collection Plan

Data for the evaluation of SSP outcome objectives will come from the MUD Warehouse, with additional supplemental data coming from Maine 211 services and SSP site-specific inventory data.

For details specific to the overall data collection plan, refer to: [Overall Data Collection](#)

Outcome Data Collection Plan

| | |
|----------------------|---|
| Out. RQ 1 | How effective was the project in attaining its expected outcome of decreasing HIV infection in Maine? |
| Data | Aggregate, county level data HIV infection data 5 years before and after SSP implementation |
| Sample | Census population gathered and aggregated by county by MUD Warehouse |
| Data Analysis | Statistical analysis to identify significant difference in HIV cases pre and post-implementation |
| Limitations | Missing data, potential confounding factors such as other modes of HIV transmission, and external influences on HIV rates |

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| Out. RQ 2 | Are the PWUD enrolled at SSPs demonstrating a lower rate of HIV infections than PWUD that are not enrolled and do not utilize SSP services? |
| Data | De-identified patient level data including SSP utilization, HIV test results, and demographic information. |
| Sample | Population includes those flagged in MUD for substance use disorder (SUD) and have completed an HIV test. Two groups identified: PWUD enrolled in SSP services and PWUD that are not enrolled in SSP services. |
| Data Analysis | Statistical comparison of HIV infection rates between SSP enrolled and non-enrolled PWUD, controlling for demographics. |
| Limitations | Missing data, potential biases due to other modes of HIV transmission, and unaccounted confounding factors. |

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| Out. RQ 3 | Do PWUD enrolled at the SSP seek peer services at a higher rate than PWUD that have never enrolled at the SSP? |
| Data | De-identified patient row level data including SSP and peer service utilization and demographics. |
| Sample | Matched sampling employed to create groups: SSP enrolled and non-enrolled PWUD. |
| Data Analysis | Comparative analysis of peer service utilization rates between SSP enrolled and non-enrolled PWUD. |
| Limitations | Potential inherent differences between groups, potential biases due to varying motivations and access to care. |

| | |
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| Out. RQ 4 | Were SSPs successful in reducing the number of discarded and abandoned syringes in the towns that host SSPs after implementation? |
| Data | Aggregate data on syringe-related incidents from Maine 211. SSP location and opening dates from MUD. |
| Sample | Syringe-related incidents reported to Maine 211 by county from 2000 to 2024 will be included in the analysis. The counties in the Maine 211 dataset will be matched with SSP sites in those counties. |
| Data Analysis | County specific comparative analysis of syringe-related incidents before and after SSP implementation. |
| Limitations | External factors influencing incident frequency, potential missing data from 211 service, and interpretation challenges regarding causality. |

Comprehensive Program Evaluation

The implementation and outcome evaluation, by incorporating different data sets on the same program and participants, are able to complement each other, thereby enhancing the evaluation's robustness and internal validity. For instance, consider the evaluation of syringe distribution and collection.

In the implementation evaluation, the focus lies on the program's efficacy in achieving its goals of distributing and collecting syringes. It examines participant's experience with the program to gauge its effectiveness in meeting their needs. Additionally, inventory records are assessed to gain insight into the availability and distribution of harm reduction supplies. The outcome evaluation analyzes HIV rate changes in the years before and after SSP implementation, as well as among SSP participants and non-participants.

By supplying both qualitative narratives and quantitative data, this evaluation sheds light on how each SSP is implementing its objectives as well as achieving the desired outcomes.

For instance, if an SSP consistently experiences inventory shortages and Maine's HIV rates are alarmingly high, it prompts the question of whether increased funding for SSPs is urgently needed. Conversely, if an SSP frequently has excess inventory and participants report accessibility issues, alongside recent spikes in HIV rates, it suggests that addressing accessibility rather than inventory levels should be prioritized. Analyzing these data together can provide insights into whether the delivery of syringe distribution services is associated with lower HIV infection rates among program participants.

The implementation and outcome questions designed in this evaluation have multiplying power to enhance the understanding of the other. Integrating data from both sets of plans allows for a more holistic assessment of the program's effectiveness.

Appendix A1 - Logic Model

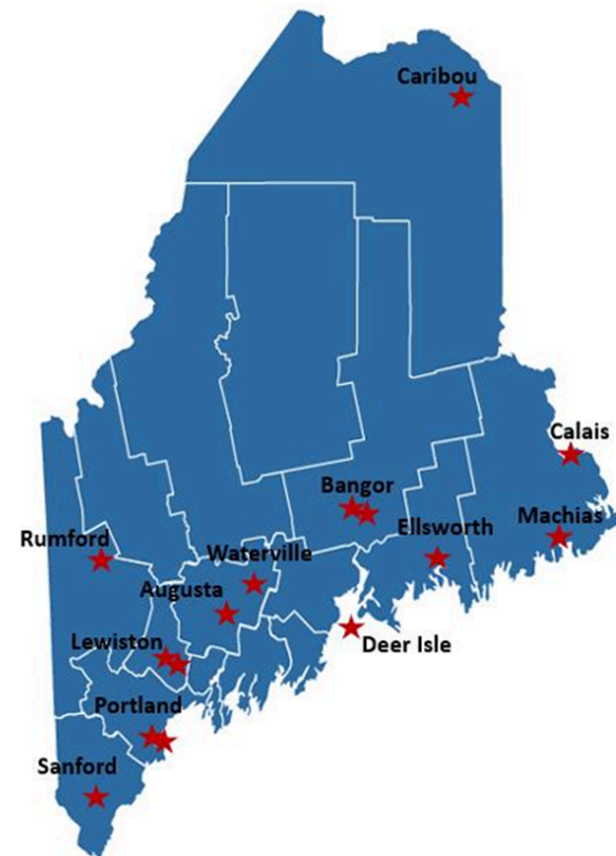
| Inputs | Assumptions | Activities | Outputs | Immediate Outcomes | Subsequent Outcomes | Impacts |
|---|--|---|--|---|--|--|
| <p>15 State-certified SSPs operated by 8 organizations</p> <p>Participants of Programs - often Persons who use drugs (PWUD)</p> | <p>Overview: People who use drugs (PWUD) are at high risk for contracting HIV or other blood borne diseases.</p> | <p>Overview: Implement a program that provides syringe distribution and collection and other harm reduction services and strategies alongside referrals to other health services.</p> | <p>Overview: Serve the Maine communities experiencing high instances of drug use. Provide services to PWUD in those communities.</p> | <p>Overview: Encourage harm reduction and recovery and improve the lives of PWUD by providing services that meet their immediate and future needs.</p> | <p>Overview: Reduce rates of HIV and other blood-borne diseases in PWUD.</p> | <p>Overview: PWUD have access to a reliable and judgment-free space where they can receive sterile syringes and other harm reduction support. Enrollees may eventually choose to enroll in treatment programs.</p> |
| <p>CDC - SSPs are required to report to CDC</p> <p>Program Funding (state allocations, Opioid Use Disorder Prevention and Treatment Fund, etc)</p> <p>Policies</p> <p>Staff: Different for each SSP</p> <p>Staff Training: Confidentiality protocols, blood borne pathogen infection control including detailed post-exposure protocols, HIV and hepatitis B & C prevention, substance use disorder treatment, the referral process and any and all training necessary for the safe and lawful operation of the Program</p> <p>Program Budget</p> | <p>The risk for HIV and other blood-borne diseases will decrease if PWUD have access to free sterile needles by preventing needle- sharing practices among PWUD.</p> <p>PWUD without access to safe needles will reuse needles and/or share needles with others.</p> <p>Finding sterile needles is an accessibility issue.</p> <p>Diseases are transmitted through the reuse of syringes and through sharing syringes.</p> <p>The risk for needle stick injury and reusing needles will decrease if safe and accessible spaces for syringe collection are available.</p> <p>PWUD dispose of their needles in unsafe ways due to lack of access to safe disposal options.</p> <p>PWUD may feel more comfortable coming to the center if they have something to bring with them.</p> | <p>Distribute syringes to PWUD</p> <p>Enroll all new clients at SSP centers.</p> <p>Staff training on culturally competent and non-judgmental communication to effectively meet PWUD where they are and provide support.</p> <p>Provide PWUD with a safe space to bring used or unused needles for collection.</p> <p>Establish collection protocols in non-judgemental ways.</p> <p>Provide education and resources to PWUD on safe needle disposal practices.</p> | <p>Enroll all new clients at SSP centers.</p> <p>Distribute syringes alongside harm reduction kits and education to all new enrollees.</p> <p>Expand sterile syringe access</p> <p>Reduce the number of used syringes in the community.</p> <p>Ensure that the number of syringes collected exceeds the number distributed through responsible disposal efforts.</p> | <p>PWUD enroll at SSP and engage in harm reduction</p> <p>PWUD increase awareness of syringe use dangers</p> <p>PWUD reduce needle sharing and unsafe drug use leading to fewer new cases of HIV or other blood-borne diseases in the community</p> <p>PWUD feel safe to come to SSP if they need support in any way</p> <p>PWUD create a consistent pattern of returning needles to collection points.</p> <p>Implementation of harm reduction practices for PWUD and the community.</p> | <p>PWUD return to SSP instead of engaging in needle sharing or unsafe drug use.</p> <p>PWUD share their positive experience at SSP with others, encouraging new enrollees</p> <p>Reduction in the risk of needlestick injuries and needle reuse in the community.</p> <p>Decrease in the presence of discarded needles in the community.</p> | <p>Decrease in new HIV cases in PWUD community</p> <p>PWUD have a safe space to receive support services, including syringes and referrals to other services.</p> <p>Reduced public health costs associated with HIV and hepatitis treatment</p> <p>Increase in the feeling of safety within the community.</p> <p>Decrease in HIV transmission in community.</p> <p>Reduction in spread of blood-borne diseases among IDU will reduce stigma against PWUD in the community.</p> |

| | | | | | | |
|---|--|--|--|---|--|---|
| <p>Supplies: Sterile Syringes Safer Smoking Kits Fentanyl Test Strips Straps, Cookers, Waters, Saline Alcohol Wipes, Naloxone Kits, etc.</p> <p>Referral network with healthcare providers and social services.</p> | <p>By providing education materials and spreading awareness about reducing the spread of diseases, PWUD will engage in less risky behavior.</p> <p>Provision of education materials and awareness campaigns targeting PWUD will lead to a reduction in risky behaviors associated with disease transmission.</p> | <p>Deliver harm reduction counseling sessions tailored to PWUD, focusing on vein health, safer injection practices, overdose prevention, and the risks of HIV and hepatitis transmission.</p> | <p>Ensure that all first-time enrollees receive comprehensive harm reduction counseling.</p> <p>Monitor and measure the increase in awareness, understanding, and utilization of harm reduction strategies among all enrolled clients.</p> | <p>PWUD utilize the harm reduction skills and apparatus they received in harm reduction counseling.</p> <p>PWUD develop trust in SSP staff, actively seeking guidance and support as needed.</p> | <p>The integration of harm reduction skills into drug use practices serves as a pathway for PWUD to access additional substance use disorder support services.</p> <p>PWUD become advocates for harm reduction within their social circles, increasing community-wide awareness and adoption of safer practices.</p> | <p>PWUD demonstrate heightened awareness of the risks associated with sharing drug apparatus, leading to a reduction in disease transmission rates.</p> <p>The implementation of harm reduction strategies contributes to a decrease in overdose incidents and HIV transmission rates within the community.</p> |
| | <p>Interactions with staff at the SSP have the potential to create opportunities and motivate PWUD to seek treatment for substance use disorder.</p> <p>Exposure to the various support services at SSP and the nonjudgemental experience at the SSP may lead individuals to engage with other treatment services (like HIV testing or primary care) immediately or at a later date.</p> | <p>Make referrals to various services, including primary care, STD clinics, HIV and hepatitis testing, substance use treatment, peer support, recovery coaches, overdose aftercare, food assistance programs, and case management.</p> <p>Provide education on overdose prevention and treatment resources</p> | <p>Facilitate bidirectional referrals between the SSP and primary care, medication-assisted treatment (MAT), and other health and support services.</p> <p>Report on the number of referrals made to specific services, including HIV and STD testing and naloxone distribution.</p> | <p>PWUD gain access to health services, demonstrating that their needs are addressed with dignity and respect.</p> <p>PWUD receive affirmation of support, reducing feelings of isolation and reinforcing the importance of seeking help.</p> | <p>PWUD receive appropriate care for HIV/STD.</p> <p>PWUD have access to naloxone enabling them to respond effectively to overdoses in their community.</p> <p>PWUD engage with treatment services and receive ongoing support, leading to improved health outcomes and potential entry into recovery programs.</p> | <p>PWUD have access to a reliable space where they can receive essential services, including sterile syringes, until they are ready to pursue treatment for substance use disorder.</p> <p>Clients who enter recovery treatment achieve sobriety, enhancing their overall well-being and reducing the harm associated with drug use within the community.</p> |

Syringe Service Programs (SSP) offer sterile syringes alongside a myriad of support services and referrals. Drug use and misuse is a complex public health issue. SSPs meet people who use drugs (PWUD) where they are and offer a judgment-free space to receive services.

Appendix A.2 - List of SSP Sites in Maine

| Agency | Site Location | Certification Date |
|-------------------------------------|---------------|--------------------|
| Amistad | Portland | November 2020 |
| Church of Safe Injection | Lewiston | September 2021 |
| City of Portland | Portland | September 1998 |
| Health Equity Alliance | Ellsworth | July 2014 |
| Health Equity Alliance | Bangor | July 2014 |
| Health Equity Alliance | Deer Isle | February 2021 |
| Health Reach Harm Reduction | Augusta | December 2004 |
| Health Reach Harm Reduction | Waterville | February 2018 |
| Maine Access Alliance | Sanford | February 2020 |
| Maine Access Alliance | Calais | February 2020 |
| Maine Access Alliance | Rumford | June 2022 |
| Maine Access Alliance | Machias | March 2021 |
| Maine Access Alliance | Caribou | February 2020 |
| TriCounty Mental Health Services | Lewiston | March 2020 |
| Wabanaki Public Health and Wellness | Bangor | February 2021 |



(Gauthierm, L. 2023)

Appendix A.3 - MUD Warehouse Data Dictionary

| Data | Example | Description |
|---|---------------------------|--|
| Unique Person Index (UPI) | 77ssJJ3300jIVb8733wE | De-identified ID created by MUD for use by evaluators. This ensures that no information can be led back to the person. |
| DOB | 01/01/2001 | Date of Birth |
| Gender | Female | Options: Female, Male, Non-Binary, Trans |
| Race | Asian | Options: Asian, Black, Multi-Race (two or more race), Native American, White |
| Ethnicity | Not Hispanic | Options: Hispanic, Not Hispanic |
| Marital | Married | Options: Divorced, Married, Single, Widowed |
| Housing | Shelter | Options: Own Home, Rent, Living with Family, Living with Friends, Shelter, Residential Home, Literally Homeless |
| Income | 25,000 | Income level identified by patient |
| SSP Enrolled Ever | Yes | Yes/No |
| SSP Site Enrolled 1* | Church of Safe Injections | Site Name |
| SSP HRC Date 1* | Yes | Complete Harm Reduction Counseling (Yes/No) |
| SSP HRC Date 1* | 05/01/2023 | Complete Harm Reduction Counseling (Date) |
| SSP Encounter 1* | 05/01/2023 | Date of Encounter |
| SSP Referral 1A* | 06/01/2023 | Date of Referral |
| SSP Referral 1B* | State HIV Clinic | Agency of Referral |
| SSP Referral 1C* | HIV Testing | Service of Referral |
| | | |
| * Indicates a measure that will be repeated and numbered in order | | |

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